

Table 5a: Lifelong Learning Programme - Individual mobility – Subsistence* – Maximum rates per host country and category of beneficiaries**

* Insurance included for Individual Mobility in Comenius and Grundtvig, Travel Included for Erasmus student Mobility and Leonardo training placements

** See NA website to verify the maximum amounts applied in each country

	Cost of living index	ADULTS, STAFF (travel excluded)						YOUNG PEOPLE				
		Daily rate	Weekly rate			Monthly rate		Weekly rate		Monthly rate (travel included)		
			1st week	2nd week	3rd, 4th, 5th and 6th week	1st month	2nd and further months	Up to 4 weeks (travel excluded)	Up to 4 weeks (travel included)	1st month	2nd and further months	3 to 12 months (Erasmus studies)
Belgique/Belgie - BE	100,00	150	750	350	200	1500	800	175	300	1200	700	560
Bulgaria- BG	56,63	85	425	198	113	849	453	99	170	680	396	317
Ceska Republika - CZ	90,56	136	679	317	181	1358	725	158	272	1087	634	507
Danmark - DK	135,88	204	1019	476	272	2038	1087	238	408	1631	951	761
Deutschland - DE	100,20	150	752	351	200	1503	802	175	301	1202	701	561
Eesti - EE	80,26	120	602	281	161	1204	642	140	241	963	562	449
Ellas - EL	93,00	140	698	326	186	1395	744	163	279	1116	651	521
Espana -ES	101,20	152	759	354	202	1518	810	177	304	1214	708	567
France - FR	119,00	179	893	417	238	1785	952	208	357	1428	833	666
Ireland - IE	122,40	184	918	428	245	1836	979	214	367	1469	857	685
Italia - IT	111,80	168	839	391	224	1677	894	196	335	1342	783	626
Kypros - CY	91,96	138	690	322	184	1379	736	161	276	1104	644	515
Latvija - LV	76,12	114	571	266	152	1142	609	133	228	913	533	426
Lithuania - LT	77,07	116	578	270	154	1156	617	135	231	925	540	432
Luxembourg - LU	100,00	150	750	350	200	1500	800	175	300	1200	700	560
Magyarország - HU	89,99	135	675	315	180	1350	720	157	270	1080	630	504
Malta - MT	89,55	134	672	313	179	1343	716	157	269	1075	627	501
Nederland - NL	109,70	165	823	384	219	1646	878	192	329	1316	768	614
Oesterreich - AT	107,10	161	803	375	214	1607	857	187	321	1285	750	600
Polska - PL	81,38	122	610	285	163	1221	651	142	244	977	570	456
Portugal - PT	91,50	137	686	320	183	1373	732	160	275	1098	641	512
Rumania- RO	63,78	96	478	223	128	957	510	112	191	765	446	357
Slovenija -SI	82,97	124	622	290	166	1245	664	145	249	996	581	465
Slovensko -SK	92,94	139	697	325	186	1394	744	163	279	1115	651	520
Suomi - FI	117,70	177	883	412	235	1766	942	206	353	1412	824	659
Sverige - SE	112,38	169	843	393	225	1686	899	197	337	1349	787	629
United Kingdom - UK	143,76	216	1078	503	288	2156	1150	252	431	1725	1006	805
Island - IS	139,23	209	1044	487	278	2088	1114	244	418	1671	975	780
Liechtenstein - LI	125,12	188	938	438	250	1877	1001	219	375	1501	876	701
Norge - NO	140,43	211	1053	492	281	2106	1123	246	421	1685	983	786
Turkey - TR	83,60	125	627	293	167	1254	669	146	251	1003	585	468